



ANNUAL REPORT 2022-2023



At a Glance

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(Consent for using the photographs in this report were taken as per Child Protection Policy-2015)

ORGANIZATION'S WORK SPOTLIGHT

A. Awareness on Vaccination Doses of Covid-19



1. 12 Covid-19 Vaccination camps were organized in Nardan Basti and V. P. Singh Camp in coordination with the Primary Health Centres of Lal Kuan and Pul Prahaladpur throughout the year.
2. 6 awareness sessions were organized during the financial year 2022-2023 in our intervention areas i.e. Nardan Basti, Lal Kuan and V.P. Singh Camp, Pul Prahaladpur. 80 Lactating, Pregnant and Mothers were sensitized on the Booster doses of Covid-19.
3. 2 street plays were organized in our both of intervention areas.
 - a. The people were made aware on Children Covid-19 vaccination and it appealed them to get their children vaccinated.
4. 3 meetings were organized on covid-19 vaccination for Children (12-14 years).
 - a. Total number of participants were-48.
 - b. The children were shown a short video on Covid-19 Vaccination to make them aware on the disease.

1. There were 3 families in our intervention areas who lost their earning member due to the Covid-19. Matri Sudha helped them to prepare the documents to get register for the Mukhyamantri Covid-19 Social Assistance Scheme. Out of, 2 families have received the ex-gratia amount of Rs. 50000.
 - a. 1 family could not get the ex-gratia amount due to unavailability of Survival Member Certificate. The younger child of the family did not get his Survival Member Certificate, after making several attempts as his finger prints were not matching and his information was already submitted to the department in the assistance application letter. Due to that the family could not take back that child's name. The application could not proceed

B. SOCIAL ASSISTANCE TO THE COVID-19 AFFECTED FAMILIES

C. Organized Aadhar Card Camps



Due to non-availability of Aadhar Card, Matri Sudha keep receiving complaints from people that they did not avail the benefits of a social welfare programme like PDS, scholarships, school admissions and anganwadi services scheme.

As a result, an AADHAR registration camp was organized in Nardan Basti where 49 beneficiaries updated their information in Aadhar Card while 5 new registrations of children below the age of 5 years was done.

Matri Sudha organized General Health Check-up camps especially for Children in between the age group of 3-18 years and mothers in collaboration with the Bosco Delhi Organization.

100 children and adults have been benefitted through the health check-up camps till now.

D. HEALTH CHECK UP CAMPS



Status of Maternal Health Indicators

Nardan Basti and V.P. Singh Camp

Total of Pregnant Women	Availability of Mother and Child Protection Card	No of Pregnant Women Received TT /Booster Doses	No of Pregnant Women Received IFA
126	126	122/4	126
No of Institutional Deliveries	Non Institutional Deliveries	No of Eligible Beneficiary for PMMVY	Eligible Beneficiaries linked with PMMVY
72	2	78	59

- A door-to-door assessment was done with the eligible beneficiaries of PMMVY and they were made aware about the scheme.
- 4 meetings on PMMVY scheme was organized in our both intervention areas, where 42 new eligible mothers had participated to get the more information on PMMVY.

E. Awareness Sessions on Pradhan Mantri Matritva Vandana Yojana



Action on Complaint

Matri Sudha had received a complaint against Anganwadi workers of V.P. Singh Camp during the PMMVY scheme sessions, that the workers were charging Rs. 150 to 250 for filling PMMVY forms of eligible beneficiaries.

- The team investigated and found that most of the eligible beneficiaries had faced the same issue.
- An email was sent to the head quarter of PMMVY Cell in the Department of Women and Child Development, to bring the issue in their notice.
- The department forwarded the email to concerned CDPO.
- The CDPO took quick action and sent a team to the ground to know the matter.
- Later the beneficiaries informed that the Anganwadi workers had given back the money to some mothers and they stopped asking the money from the beneficiaries.

F. ORGANIZED A TRAINING ON FIRST 1000 DAYS FOR FRONTLINE WORKERS.



A training session was organized in Lal Kuan for the frontline workers on "First 1000 Days under Poshan Maah 2022.

- The purpose of the training was to build the understanding and knowledge of First 1000 Days strategy among the frontline workers.
- **Total 91 people were the participants**
 - 3 ICDS Supervisors
 - 23 AWWs of Lal Kuan from Hamdard Nagar ICDS Project
 - 11 ASHA workers of Lal Kuan PHC
 - 3 Political Leaders (Member of Parliament, Ward Councilor, Pul Prahaladpur, Ex Ward Councilor, Pul Prahaladpur)
 - 38 Local Residents of Lal Kuan
 - 11 Staff Members
 - And, 2 Adolescents of Adolescent's group.

STATUS OF IMMUNIZATION IN CHILDREN AGE (0-1 YEAR)

No of Children Tracked for Immunization (Male/Female) (0-1 Year)	No of Children Received Measles and Vitamin-A (Male/Female) (9-12 months children)	No of Children Received Age Appropriate Immunization (0-1 Year)
191 (104/87)	129 (66/63)	191 (104/87)

The ICDS Centres in Delhi had stopped distributing supplementary nutrition to its beneficiaries at the beginning of the Covid-19 in 2020. Since then, they were providing Dry Ration Kits to the ICDS beneficiaries. The ICDS workers went on strike in Feb 2022 to Mid-March 2022 which stopped giving the Dry Ration kits also. Later, the AWC's were resumed but distribution of Dry Ration Kit was still on hold.

- Matri Sudha escalated the issue through print media. A reporter was asked to come to meet the beneficiaries on ground when the ICDS centres were closed. An article was published in New Indian Express on the ground reality of Dry Ration Kit and sooner, on **1st of May, the beneficiaries started getting cooked food (Supplementary Nutrition) through the Anganwadi centers in Delhi.**
- This resulted in resuming the supplementary nutrition services for more than 5 lac children that were the registered beneficiaries of ICDS programme.

G. RESUMED SUPPLEMENTARY NUTRITION DISTRIBUTION IN ICDS CENTRES IN DELHI



H. GROWTH MONITORING STATUS OF CHILDREN UNDER 5 YEARS

Time Period	No of children in age of 0-5 years (Male/Female)	No of Children in Normal Category. (Male/Female)	No of Children in Moderately Underweight Category. (Male/Female)	No of Children in Severely Underweight Category. (Male/Female)
April 2022	680 (326/324)	606 (317/289) 89.1%	54 (29/25) 7.9%	20 (10/10) 2.9%
March 2023	1056 (533/523)	997 (505/492) 94.4%	52 (25/27) 4.9%	7 (3/4) 0.66%
POSITIVE GRADE MOVEMENTS				
No of Children Positively Changed Grade. (Male/Female)		SUW to Normal	MUW to Normal	SUW to MUW
67 (37/30)		13 (7/6)	45 (25/20)	9 (5/4)



To minimize the number of SUW children the team did the following things:

- Prepared profile of 20 SUW children`s.
- The team counselled the parents of underweight children by visiting door to door. They were informed about the forms of malnutrition and how they can increase the weight of their children.
- The parents of SUW and MUW children were provided Growth Monitoring Chart (gender wise) to track their child`s weight every month.
- No severe MUW/SUW case was found where PHC/NRC referral was required.
- 3 meetings were organized on Malnutrition in which 36 mothers of children between 0-5 years had participated.

The reason of increasing children in SUW and MUW category was new tracked children in V. P. Singh Camp.

I. BUILT KNOWLEDGE ON SEMI-SOLID AND CEREAL BASED FOOD DIET FOR CHILDREN



74 mothers of Severely and Moderately Underweight children and mothers of children above the age of 6 months were built knowledge on semi solid food and cereal-based diet which are required as per their age through meetings in CRC and AWCs as well as Door to Door Visits.

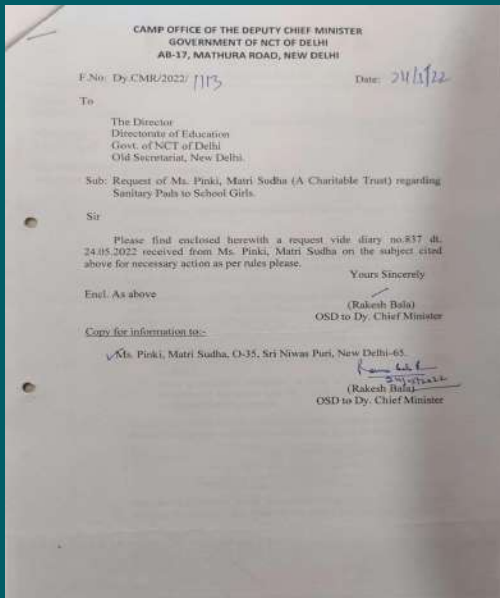
4 Days awareness session was organized in Rani Jhansi Sarvodaya Kanya Vidyalaya, Railway Colony, Pul Prahaladpur.

- 526 adolescent girls of 6th to 9th class were the participants.
- Apart from this, 11 awareness sessions were organized in both of our intervention areas where 65 adolescent girls of Adolescents Group were given information and built knowledge on Menstrual Health & Hygiene.

J. BUILDING KNOWLEDGE AND MENSTRUAL HEALTH



K. RESUMED DISTRIBUTION OF SANITARY PADS IN GOVT. SCHOOLS OF DELHI



In late 2018, Matri Sudha had received complaints on unavailability of Sanitary Pads in Delhi Government Schools. Matri Sudha intervened in the issue and did advocacy to resolve the issue. After intervention of the organization, the sanitary pads were made available in schools.

- Again in 2020 during the covid 19 pandemic, the service got barred again and the adolescent girls started facing unavailability of sanitary pads.
- Matri Sudha received information from Directorate of Education with respect to the status menstrual hygiene programme for in-school girls.
- A representation along with a letter was sent to Deputy Chief Minister cum Education Minister, Govt. of NCT of Delhi. The letter was signed by 415 adolescent girls describing the problems the girls faced due to irregularity in its implementation.
- The OSD to Deputy Chief Minister assured to look into the matter.
- Meetings and activities were done with the adolescents to make a small video for social media on Sanitary Pads availability in schools to sensitize the government on the issue.
- A reporter was asked to publish a story on this issue on Menstrual & Hygiene Day. She visited V.P. Singh Camp & Nardan Basti and met with the adolescents' groups and asked about their issues if the sanitary pads are not available in the schools.'
- The story was published on 28th May 2022 on the occasion of World Menstrual Hygiene Day.
- <https://www.newindianexpress.com/cities/delhi/2022/may/28/schoolgirls-want-napkin-supply-restored-period-2458943.html>
- After so many efforts the Menstrual Hygiene programme resumed on 22nd July 2022 to benefit 7.7 lac in-school girls.

Matri Sudha had been running Digital Learning Centre since January 2018 to December 2022 to provide children a basic knowledge on Computer.

- 27 children were enrolled throughout the year for 3 months course and all children cleared the course in different batches.
- In last year due to sensitization of students at Digital Learning centre a child marriage was prevented.

L. DIGITAL LEARNING CENTRE



Matri Sudha has identified 5 young change agents in both of intervention areas, where the Change Agents are creating impact in other children`s lives.

- Khushi is one of the change makers in V.P. Singh Camp. She took her first session with 10 adolescent girls at CRC Nardan Basti. Khushi was given 2 knowledge building sessions on menstrual hygiene by Matri Sudha so that she can communicate effectively with other fellow adolescents on Menstrual & Hygiene.
- Fatma, an adolescent group leader from V.P. Singh Camp has come in front to educate the children who were weak in English subject. She is pursuing graduation. She took one and half hour class with 11 girls during her Summer vacations. She said that "helping the other fellow girls will not only end the hesitation in speaking to others also it will enhance the fluency and knowledge in the needed subject among the girls including me".
- More 3 children, Ekta, Priyanka and Laxmi have been identified as change agents. They took initiative in a meeting, which was organized on Cyber Safety with 40 children.
- All three children handled the children efficiently and took the session on Cyber Security. Before it they had received online knowledge building session through Microsoft Team.

M. THE CHANGE AGENTS



N. AWARENESS PROGRAMME ON CHILD PROTECTION WITH COMMUNITY STAKEHOLDERS



An awareness programme for adolescent girls was organized on 10th March 2022 in Collaboration with Delhi Legal State Association and Delhi Police. Advocate Ms. Priyanka from DLSA and Sub Inspector Ms. Pooja from Pul Prahaladpur Police Station, had made presence in the event.

- Total 25 adolescents were the participants.
- The girls interacted with the rights of the children in context of Protection and Child Marriage Act.

A multi-stakeholder meeting was organized in which representatives of DCPU, CWC, ICDS, Hamdard Nagar, DLSA, Delhi Police and other NGOs were present.

- Total 87 participants were present in the meeting.
- The Panelists addressed the community towards Child Protection. The parents were sensitized on the issue.
- The panelist urged the organization to organize such meetings from time to time in the community.
- As a result, community level child protection committee was formed and decided to meet in every three months.

O. MULTI-STAKEHOLDER MEETING ON CHILD PROTECTION



P. TRAINING ON SOCIAL SECURITY WELFARE SCHEMES FOR STAFF MEMBERS AND INTERNS



Matri Sudha organized a training session on Social Security Welfare Schemes at Matri Sudha Children Resource Center.

- The purpose of the training was to build knowledge among the staff members on social security welfare schemes of Central Govt. and State Govt. of Delhi
- Total number of participants were-23 (7 Staff members, 8 Interns, 7 Youth Group Members and 1 Trainer)

IEC Materials

A. BOOKLET AND POCKET CHART ON CHILD DEVELOPMENT MILESTONES



A booklet and pocket chart on Child Development Milestones During the First 1000 Days released.

- The booklet and pocket chart were launched by Sh. Ramesh Bidhuri, Hon'ble M.P., South Delhi during the Training programme on First 1000 Days with the frontline workers of Lal Kuan.
- The booklet and Pocket chart were distributed to Anganwadi Workers, ANM & ASHA Workers of Hamdard Nagar ICDS Project and Lal Kuan consecutively.
- 15 Anganwadi workers of Lal Kuan (Hamdard Nagar ICDS Project) organized meetings with the beneficiaries of their respective Anganwadi centers on Child Development Milestones (one meeting in each AWC).
- They built awareness on Child Development Milestones During First 1000 Days with 175 beneficiaries of their respective AWC's.
- A door-to-door interaction with 20 mothers was done in V.P. Singh Camp. The mothers, who had children in between the age group of 0-2 years, were built knowledge on "Child Development Milestones".

- E-Shram Card.
- Social Security Welfare Scheme under E-Shram Card.
- Pradhan Mantri Matritva Vandana Yojna.

B. PRESENTATIONS PREPARED ON

CASE STORIES

ADMISSION DENIAL CASES

- Matri Sudha intervened in 3 children`s (1 Male and 2 Female) admission who were denied to give admission in Delhi Govt. and SDMC Schools and all 3 got enrolled in schools after the intervention done by the organization.

Case 1- Arpit`s mother always wanted to get her son enrolled in SDMC school Lal Kuan in English Medium. She went to the school to know the procedure of admission in English medium. But the teacher made her return by saying that, to come in July as admission process has stopped for now. But then the mother got to know that admission will not be resumed in July. The teacher was only diverting her. The mother went again to another teacher and asked about the process. The teacher informed that the admissions has been over now. The seats are already full and we can't take another enrollment and the admission was denied from the school.

Intervention Done by the Organization- Few discussions and follow ups were taken with the school and the school enrolled the child. The child got admission in 1st Class.

Case-2 Neha (changed name) was born to her mother`s first husband. He was very abusive and violent towards her mother Soni. Neha used to study in a government school in Kanpur, but when her mother could not bear torture, she left her husband and got married to her 2nd husband. She along with Neha and her husband came to Delhi in 2019. Neha`s first father refused to give any documents i.e., Aadhaar Card, Birth Certificate, Hospital Discharge Papers & School related documents etc. related to the Neha. She used to study in 2nd class in Kanpur but after separation of her parents she dropped out from school. When she came Delhi, she had not any identity proof with her also in 2019 her mother got pregnant. In 2020, lock down was announced due to covid-19. These reasons interrupted her admission in school. Her mother tried to get her admission in SDMC, Lal Kuan school where her admission got denied. As per schoolteacher the child did not have any documents related to her identity.

Intervention Done by the Organization- Discussions were held with the principal and admission teacher. They had concern that the child may drop out again. But they were assured and given an affidavit

mentioning the name and present address of the child. The child got admission in 5th Class in SDMC School Lal Kuan.

Case-3 Rupani's mother was trying to get her admission to KG class in the government school of Rani Jhansi Sarvodaya Vidyalaya Railway Colony, Tughlakabad for the last 2 years. But she was not able to get admission for her daughter and she cannot get her admitted in any other school because she has a small child of 2.5 years, and her mother-in-law cannot walk much as she has some spinal problem due to which Rupani's mother spends all her time in her service. She will not be able to drop her to school and bring her home back, so Rupani's elder sister studies in the same school. Her mother wanted to get Rupani enrolled in the same school where her elder daughters' study. Her elder sister wanted to take her younger sister Rupani with her to school and bring her home as the school is 2 km. away from their home and she has to travel by (bus or auto) across the road to go to school. There is a huge traffic on the road, and chances of accidents. Without parents or elders, small children cannot go to school. Rupani's mother has a small child, her father goes to work, and her mother-in-law cannot drop her to school.

Intervention Done by the Organization- The school was not ready to give admission in any case. A letter wrote to Directorate of Education and DCPCR. The DCPCR asked the school authority for denying for the admission. Later, the school called the mother and gave admission to the Rupani in KG in Delhi Govt. School.

ANJALI STARTED RECEIVING ENTITLEMENT UNDER PMMVY






It was Anjali's first pregnancy and she was running in her 5th month. She was getting all the tests done on time through PHC, Pul Prahaldpur. She took iron pills timely. During a field visit the field workers of Matri Sudha asked whether she has enrolled for PMMVY or not. She answered that her name is registered in Anganwadi, but she does not know anything about Pradhan Mantri Matritva Vandana Yojana. Anjali's sister-in-law, whose name is Suhani, told that she has 2 children but she also not aware of any such scheme, due to which she could not take advantage of the scheme. She also informed that she had gone to the village for some time due to some work. May be due to this she could not know about the scheme.

The field workers gave her all the information related to Pradhan Mantri Matritva Vandana Yojana as well Janani Suraksha Yojna. Few days later, Anjali went to the Anganwadi Center and submitted all her documents for the registration under the scheme on 18/05/2022. The anganwadi worker filled two forms as per the eligibility.

	<p>On 06/07/2022, Anjali started receiving the instalments under the scheme.</p>
<p>PAKHI IS GETTING SNP IN ANGANWADI CENTRE</p>	<p>Rachna had gone to register her name in Anganwadi when she was pregnant. but Anganwadi worker told her that she can't write the name as there is no place now and come later on. Even after a few months, she refused to write the name.</p> <p>After 2-3 months she went to the Anganwadi center again after the birth of Pakhi, but the Anganwadi worker said there is no place vacant now, she also applied for the child's Aadhar card, all the documents were available. Still, she was not enrolling the child.</p> <p>During the tracking of children under the age of 5 years for growth monitoring in August 2023, the team got to know that the child is not registered with ICDS center. Her mother told that the Anganwadi worker is not writing the name. The team went to anganwadi center and asked to the Anganwadi worker about the issue. The AWW told that she had gone to their house, she was not at home. Vinita ji said that tomorrow she will register the name by taking all the document. The team went to Pakhi`s house 2-3 times but her family was not found at home, her neighbor informed that she has gone to her village. Even after coming from the village. At last on 04/10/2022 the child was registered in her nearby Anganwadi Center</p>

CHILDREN PARTICIPATION

TOPIC OF THE SESSION/MEETINGS	NO. OF BENEFICIARIES	PHOTOGRAPHS
Session on Verbal & Non-Verbal Communication	16	
Online Session on Examples of Empathy	25	Not Available
Session on Safe and Unsafe Touch	12	
Session on Sympathy and Empathy	22	
2 Sessions on Career Counselling	38	

6 Sessions on Life Skills Module	30	
Session on Child Rights	28	
A Session on Safety and First Aid	25	
A Session on Public Speaking	20	
A Session on Child Labor in Collaboration with DLSA	47	

STAFF PARTICIPATION IN WORKSHOPS/MEETINGS/TRAININGS

THEME OF THE MEETING/TRAINING	PARTICIPANTS FROM MATRI SUDHA
Online Training on Diksha APP The training was organized to made understand the team on use of DIKSHA app in context of Education.	4
Webinar on common risk areas in CREAM review through Account Aid and GRM	2
Webinar on changes in NPO taxation proposed in Budget 2022 and the outlook on FCRA Renewals	2
Webinar on " Decoding impact of Budget, 2022 on NGOs ".	2
3 Days online training on "Child centric disaster risk reduction"	4
Online meeting on "Children and Vulnerability to Sexual Violations"	2
Online workshop on "Law Against Child Sexual Offences, Age of Consent and Marriage Under Customary Laws: A Legal Dichotomy"	3
3 Days Training on Life Skills Module.	3
Webinar on Rule 17AA of Income Tax Act 1961,	2
2 Days Workshop on Child Protection	3
2 Days Training on The Care of Children under Two Years	3
Training on Mission Vatsalya	2
Training on Pre School-Education by NIPPCD	3

Contact

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